

# The Alcoholism Center for Women

April, 2011

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Center for Women



ACW is an incorporated 501 C3 organization with the mission of supporting the recovery from and prevention of alcoholism and other drug-related problems among all women at high risk for substance abuse.

## If you can help...

### ACW needs...

Funds for Living room furniture -Miracle House

Food Storage cabinets for the kitchen

Outdoor shed to store food (Earthquake/disaster planning)

Funds for Screens for both buildings

## From the Executive Director's Desk



### Did you know?

#### April is National Alcohol Awareness Month.

This year's theme, "One Too Many ...," is a statement that many of our residents, out-participants and alumni can agree with as to why they became addicted to alcohol and/or drugs. Our 3 to 12 month residential and out-participant programs work with women to help them obtain abstinence, recognize relapse factors, build self-esteem, and restructure their lives as to include prevention and recovery support systems.

The State Alcohol and Drug Program asserts that almost half (49 percent) of all people being treated for alcohol dependency were between 14 and 18 years old when they used alcohol for the first time. Our innovative prevention programs target pre-teens and teens ages 9-17 and transitional age youth ages 18-25 in order to prevent them from becoming lured into a lifestyle of drug and alcohol abuse.

To help us continue this work, please consider making a donation to ACW, in honor of Alcoholism Awareness Month, via our website:

[www.alcoholismcenterforwomen.org](http://www.alcoholismcenterforwomen.org)

or by sending a check to ACW,

1147 South Alvarado Street, Los Angeles, CA 90006.

The State of California set aside two days in April in order to increase awareness of alcohol use and its potential dangers:

April 7th has been designated as **Alcohol Screening Day**

- see the following website for more information:

<http://www.mentalhealthscreening.org/events/national-alcohol-screening-day.aspx>

And...

April 21st is **PowerTalk 21 Day**, a day for parents to talk to their children about alcohol. The American College of Emergency Physicians and

Funds for Bedspreads for the Miracle House

Commercial Refrigerator for the Miracle House

Replace shower & tub in upstairs bathroom and plumbing for the Miracle House

Dinning room tables (8) & (32) chairs for the Miracle House

Microwave for the Miracle House

TV and DVD player for Prevention

Mattresses, Mattress Pads, Sheets, Comforters

Mothers Against Drunk Driving offer a free handbook with tips on talking to children about issues concerning alcohol (see: [www.madd.org](http://www.madd.org) for more information).

In honor of National Awareness month, ACW will be posting a factoid every day to our facebook page... follow us at [www.facebook.com/alcoholismcenterforwomen](http://www.facebook.com/alcoholismcenterforwomen)

**Thank you to:**

**The Ella Fitzgerald Foundation**, who donated 400 new books to ACW, primarily for our prevention youth program. Many of our youth have never held a new book in their hands, so being the proud owner of such a book was a new and exciting experience... As can be seen from the photos, there was no shortage of excitement!



**Give the gift of Recovery...**

\$60 - One day of Residential Treatment



*No PayPal Account required.*

\$420 - One week of Residential Treatment



\$1800 - One month of Residential Treatment



\$10,950 - Six months of



Also...

Residential Treatment



Join Our Mailing List!

Quick Links...

[Our Website](#)

[E-mail us](#)



A warm thank you to **New Media Design** for their donation of 40 pink and blue Snuggies for our residents to use.

With the unusual winter chill in the air, these gifts couldn't have come at a better time...

and the residents loved them.

**February was Black History Month**, and ACW celebrated by honoring African American women through song, poetry as well as performances about freedom and the positive impacts that African American women in our communities. After the program, we had a feast that was enjoyed by all!



*For more information about ACW, our activities, volunteer opportunities, and other methods of donation, check out our website at:*

[www.alcoholismcenterforwomen.org](http://www.alcoholismcenterforwomen.org)

*Or call us at 213-381-8500*

*or email us at [info@acwla.org](mailto:info@acwla.org)*

*If you would like to be removed from our email list, just click the link below for Instant Removal.*